## **DECEMBER 2004 DUR BOARD MEETING MINUTES**

Date: December 15, 2004

Members Present: Eichler, Nagy, Harrison, Fitzgerald, Sargent, Bradley, Brown, Crichton, Cobb, Burton

Jamie Eshler MD, and Keith Foster MD (mental health providers invited for their expertise).

**Others Present: Peterson**, Preshinger, Citron, Hunter (Medicaid), Barnhill (Drug PA), Renner (Mental Health Services), Robert Coppola and Dawn Daly (First Health), Interested members of the public and representatives of pharmaceutical manufacturers.

Mark Eichler opened the meeting with a review of meeting procedure.

**Board Minutes:** The minutes of the November meeting were reviewed with Mark asking the Board members to pay special attention to the PDL discussion results. The minutes were approved.

## **Department update:**

Dan Peterson, Pharmacy Program Officer for DPHHS updated the board on the following:

The department is still waiting for the state plan to be approved. CMS has until the end of January. The department is also working at this time to draft a grievance process, which will be shared when completed.

## Meeting:

Public comment from interested mental health advocates was heard first.

## **Preferred Drug List Discussion:**

The issue of grandfathering was addressed. The Board determined that all patients currently stable on medications in all classes addressed today (SSRI, Novel, Stimulants, Alzheimer's) will be grandfathered and not required to switch to PDL medications. The time period decided on was 3 months prior to the implementation of the PDL. If a patient is new to Medicaid or for some reason does not have paid claims data in the system, the patient's physician may request the patient be grandfathered because they are stable on this medication.

The following drug classes were considered and outcomes determined by review of the evidence, public comment, and then board discussion.

SSRIs:

Must add: Fluoxetine, Fluvoxamine, Lexapro, Paroxetine, Sertraline.

May add: Citalopram, Paxil CR, Pexeva, Prozac weekly, Sarafem

ANTIDEPRESSANTS: NOVEL:

Must add: Bupropion XL (Wellbutrin XL), Trazodone, Mirtazapine (in some form-tablets or disintegrating tablets), Effexor XR, Cymbalta,

May add: Bupropion SR, Desyrel

Do Not add: Bupropion, Effexor, Nefazodone

ADHD and STIMULANTS:

Must add: Concerta, Adderall XR, Strattera, Provigil, Amphetamine salts, Methylphenidate,

Methylphenidate long acting, Dextroamphetamine, Dextroamphetamine long acting

DAW 7 override will no longer be available on this class of medication.

CHOLINESTERASE INHIBITORS: ALZHEIMER'S AGENTS

Must add: Aricept

May add: Exelon, Reminyl Do Not add: Cognex

Next meeting is January 26, 2005 at The MACO Building meeting room in Helena.

Meeting adjourned at 4:55.